North Texas Regional Training Conference

April 7, 8, and 9, 2015
Midwestern State University
Clark Student Center
3410 Taft Boulevard, Wichita Falls, Texas
(Midwestern Pkwy. at Taft Blvd.)
(940) 397-4307 • Fax: (940) 397-4052
www.mwsu.edu

A multi-disciplinary conference designed to meet the continuing education needs of the professional in the area of mental health, family and protective services, juvenile probation services, adult probation services, criminal justice addiction counseling, and social work. This conference has been held annually since 1983. This conference was originally started as a project of the Junior League of Wichita Falls over thirty years ago.

Acknowledgments to Wichita County Community Supervision and Corrections Department ~ Juvenile Probation Department ~ Texas Department of Family and Protective Services ~ MSU Center for Continuing Education. Afternoon breaks provided by Alpha Phi Sigma (Criminal Justice Honor Society), MSU Law Enforcement Organization and MSU Correctional Counselors Association. Partial funding provided by Region 02 Child Welfare Advisory Council.

The following accreditations have been requested for this conference:
• Community Justice Assistance Division of the Texas Department of Criminal Justice (CJAD), 20 hours
• International Association for Continuing Education and Training (CEU), 20 hours
• Texas Certification Board of Addiction Professionals (LCDC/TAAP), 20 hours
• Texas Juvenile Justice Department (TJJD), 20 hours
• Texas State Board of Examiners of Professional Counselors (LPC), 20 hours
• Texas State Board of Examiners of Marriage and Family Therapists (LMFT), 20 hours
• Texas State Board of Social Worker Examiners (SW), 20 hours
• TCLEOSE certificate may be available when turned in to your own law enforcement department.

20 Hours = 2.0 CEUs, provided by MSU Continuing Education.

Conference Steering Committee

Patsy J. Baggett
Child Protective Services (retired)

Shawnee Lofland
Wichita County Public Defender's Office

Cathye Bullitt
Department of Family and Protective Services

Kathie O'Connor
Department of Family and Protective Services

Linda Kalski
Vernon College Instructor

Ted Paddock
MSU Criminal Justice Instructor

Lorraine Parme
MSU Continuing Education - Coordinator

Beth Romm
Wichita County CSCD

Tom Smith
Wichita County Juvenile Probation
“Generations: The Concert of America's Cohorts”

Dr. Don Hebbard is professor of Counseling, Human Behavior and Development at Abilene Christian University in Dallas. He speaks nationally on human transformation, relationships and transitions. Don is a licensed Marriage and Family Therapist and Clinical Fellow with the American Association for Marriage and Family Therapy. He has founded counseling centers and graduate degree programs in Dallas, Atlanta, and Oklahoma City, and currently is in private practice in McKinney, Texas. Don holds master’s degrees in Marriage and Family Therapy and Communications and a doctorate in Adult and Continuing Education. Drawing from the groundbreaking research of Neil Howe and William Strauss, this seminar will explore the dynamic differences and similarities in America’s generations. Sessions will explore a “generational model” that proposes four unique “peer personalities.” Strategies for helping members of different cohorts communicate, resolve differences, and understand the generational lens will be explored. Applications will be made for individuals, families, work and organizational life.

“Spiraling-Up Nine Principles of Positive Change”

Dr. Don Hebbard - based upon over thirty years of counseling, consulting and research with individuals, families and organizations, this seminar will focus on nine key principles for positive change. When implemented, these ideas help people break out of destructive cycles and move their lives in new directions. Often this change requires dynamic internal healing of core wounds. This interdisciplinary approach draws from systems theory, counseling, adult development and communications theory.

“Domestic Minor Sex Trafficking/It’s in Your Neighborhood”

Deena Graves, ABC - founded Traffick911 and served as executive director for five years. Under her leadership, Traffick911 identified approximately 140 victims of domestic minor sex trafficking leading to numerous arrests, pleas and convictions. The organization also won numerous awards under her leadership including the ICE Homeland Security Investigations Executive Associate Director Award from its Washington, D.C., headquarters for breaking a lead that resulted in the federal conviction of a pimp and bottom who sold a minor. Graves speaks across the nation on domestic minor sex trafficking. Before founding Traffick911, she was on the senior leadership team of Texas Instruments’ DL&P Products Business, managed TI CEO employee two-way communications and taught national training classes for the global Fortune 500 company. She is an international award-winning communicator.

Learning Objectives:

- Participants will learn to:
  - Define the scope. Introduce attendees to the scope of domestic minor sex trafficking in the United States, the state and the local area, as well as the laws and work to combat this crime.
  - Uncover the vulnerabilities. Build knowledge of the key vulnerabilities of at-risk groups, such as runaways, youth with trauma violations, homeless children, etc., while realizing any child can become a victim.
  - Recognize the dynamics. Understand the drivers, including buyer demand, pimp manipulation and control, abuse within the home, and cultural facilitators.
  - Rescue victims. Know the red flags to look for in a victim, including physical and psychological signs of involvement, and learn strength-based and trauma-informed methods of asking questions to identify victims.
  - Pinpoint needed changes and strategies. Begin the discussion of needed changes to current policies and procedures.

“Trauma Informed Care”

Dana LaFayette is the Director of Crisis Services and Suicide Prevention Coordinator for the Heart of Texas Region Mental Health and Mental Retardation Center. She received her Bachelor’s Degree from Oklahoma State University and her Master’s Degree from the University of Oklahoma. She has been in the field of mental health and substance use for over 25 years. She is a Licensed Professional Counselor Supervisor and a Licensed Chemical Dependency Counselor. She has a passion for working with individuals experiencing crisis as well as developing other staff to provide quality services for individuals. She is actively involved with the local NAMI, HOT Recovers ROSE, American Foundation for Suicide Prevention in the Waco area and the Texas Children Recovering from Trauma Local Advisory Committee. She is frequently called upon to provide trainings in the local area for individuals, law enforcement, as well as community organizations.

Understanding trauma and its effects on individuals is so crucial for workers in the human services field. If we want to help individuals achieve their goals, obtain and remain in recovery, and live meaningful lives. It is important to understand the concepts of trauma awareness, effects of trauma, and trauma informed care. We can assist people in a successful transition from crisis, challenges, and judicial involvement if we shift our thought process from "What is wrong with you?" to "What happened to you?" By integrating an understanding of trauma into services the client, family, and community benefits. It also assist the service provider in creating solutions to promote growth and goal achievement in the client.

"Borderline Personality Disorder: Adults Who Don't Act Like Growups"

Kevin Boring, M.A. - Kevin Boring is retired after 24 years as an Associate Clinical Psychologist from North Texas State Hospital and is currently an Instructor in Psychology at Vernon College. The bulk of his professional career was on a fast paced, high intensity, acute care admitting unit. He specialized in the treatment of Borderline Personality Disorder. He has been a speaker on Borderline Personality Disorder and stress management at area mental health facilities and hospitals for more than 20 years. He is a graduate of the University of Pittsburgh with a B.S. in psychology and a graduate of Midwestern State University with an M.A. in clinical psychology.

Participants will enhance their understanding and increase their skills when interacting with Borderline Personality Disorder individuals and gain insight into their own capacity for compassion, understanding and emotional control. Because it is so difficult to treat, the disorder is often viewed as a pariah in the treatment community and is one of the most misunderstood and misdiagnosed disorders by professionals and lay people alike. Borderline Personality Disorder is a character disorder dominated by sudden emotional reactivity and in extreme cases chronic self-abuse and suicidal behavior. It is often spawned from childhood abuse and neglect and frequently fueled by substance abuse. However, we are all likely to interact with people with undiagnosed features of this disorder. As one of my mentors said, “If someone is yelling at you and suddenly you find yourself wanting to reach over and choke them, you might be dealing with Borderline Personality Disorder”. We’ve all had that experience. If you interact with the public in any professional capacity you will be confronted by adults that struggle to control their emotions and behavior. Anything from unrelenting childish tantrums to violence, to incomprehensible self-abuse. These people can be very unpleasant, try one’s patience and pressure your own capacity for emotional control.

“Secondary Stress”

David M. Sabine, PhD is a clinical psychologist in private practice for the past 20 years in Wichita Falls, Texas. Dr. Sabine is the author of A Chair with a View: Scenes of Heartbreak and Breakthrough in Psychotherapy, which won the 2014 grand prize at the San Francisco writer’s conference. He has provided individual, family, and group psychotherapy, as well as psychological and neuropsychological evaluations for the people in Wichita Falls for the past 20 years. He has been quoted in more than 100 periodicals and news sources nationwide and has been a guest in top ten radio markets as a psychologist across the country.

This seminar will focus on "secondary stress", the considerable challenges that caregivers face in managing the stress in their own lives. Often those who feel called to serve vocationally in direct service to people in need have difficulty with self care and stress management since the needs of the individuals seen in their careers always exceed the resources available. Time will be committed during this seminar to reviewing the statistics related to certain stress-related risk factors. Interventions and strategies will be presented to directly assist caregivers in more comprehensive self-care and more effective stress management.

“Real Colors”

Debbie Schroeder is the training specialist for CSCD of Tarrant County. She facilitates coordinates new employee in-service training, including community supervision officers, counselors and support staff. She has written and implemented offender programming. Ms. Schroeder has worked in community supervision for 19 years. She served as a parole officer supervising ISP, halfway house and special needs offenders. She served as the Resource Operations Manager of the Fort Worth District Resource Center for TDCJ and managed the facilitation and implementation of offender programming. She is a certified as trainer in a variety of courses and actively instructs officer safety and defensive tactics among others.

She is a resource training officer for Sam Houston State University and chairs that trainer group as they provide statewide certification for new community supervision officers. In her spare time she serves as an adjunct professor at Hill College and Texas Christian University.

Ms. Schroeder has a B.A. degree from the University of Texas at Arlington and a M.A. degree from Dallas Baptist University.

What is Real Colors?

Real Colors® is a dynamic workshop experience providing participants with the skills to:

- understand human behavior
- uncover motivators specific to each temperament
- improve communication with others

The basis of this workshop is the Real Colors® Personality Instrument: a user-friendly, intuitive tool that identifies four personality types common to all people—Gold, Green, Blue, and Orange. It all begins with the Real Colors® workshop, in which participants:

- gain an understanding of the four colors (each corresponding to a personality type)
- discover where they fall as an individual on the Real Colors® spectrum
- learn to recognize characteristics of each of the four colors
- discuss with fellow workshop participants what it's like to be each color

From the very beginning, participants begin to see the world from a new perspective... and have fun doing it!

“HIV/AIDS/STDs/Communicable Diseases”

Keith Williamson, M.D. - Board Certified American Academy of Family Medicine, Midwestern State University Physician.

Wichita County Health Department

Participants will be presented with information on the epidemiology of sexually transmitted disease, differentiate between viral, bacterial and protozoan sexually transmitted infections and prevention. Participants will also learn about the symptoms and modes of transmissions of Hepatitis A,B,C, HIV/ AIDS, TB and some of the more prominent sexually transmitted diseases. This session will be specific to counties served by the Wichita County Health Department.

“Ethics for Multi-Disciplinary Human Services”

Kraig Stockstill - has spent his professional life in various capacities in working with children and families. His roles have been working for several Texas state and non-profit agencies, making presentations at multiple professional training seminars, and current employment with the Amarillo Police Department. He holds a Bachelor of Secondary Education degree from Abilene Christian University, and a Master of Science in Clinical Social Work from the University of Texas at Austin.

While every practitioner must conform to the Ethical Code of Conduct for that person’s specific discipline, there are generic, overriding ethical principles that are common for all helping professionals. Increasingly, we work in a multi-disciplinary environment, where several professional disciplines must interact. The objective of this presentation is to cover some of those ethical issues that cross discipline lines, and promote better service to the client-base being served.

“So Tell Me Again: Who Am I?”

Kraig Stockstill - Leaving the job behind, when I go to home and family is a fundamental concept for those working in the human services environment. But that is far more easily said than done. So how can I be the same person whether at work, as spouse and/or parent, with my social network, in my health and leisure activities, and remain true to my innermost spiritual convictions?
## AGENDA

**TUESDAY, APRIL 7, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 A.M. - 8:15 A.M.</td>
<td>Welcome&lt;br&gt;Location: Shawnee Theatre&lt;br&gt;Announcements&lt;br&gt;NTRTC&lt;br&gt;Steering Committee</td>
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<tr>
<td>8:15 A.M. - 12:00 Noon (3.75 hours)</td>
<td>Opening&lt;br&gt;&quot;Generations: The Concert of America’s Cohorts&quot;&lt;br&gt;Dr. Don Hebbard</td>
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<tr>
<td>12:00 Noon - 1:00 P.M.</td>
<td>Lunch On Your Own&lt;br&gt;Luncheon to be held in Comanche I &amp; II</td>
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<tr>
<td>1:00 P.M. - 5:00 P.M. (3.75 hours)</td>
<td>“Spiraling Up - Nine Principles of Positive Change”&lt;br&gt;Dr. Don Hebbard&lt;br&gt;Location: Shawnee Theatre</td>
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**WEDNESDAY, APRIL 8, 2015**

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 A.M. - 12:00 Noon (3.75 hours)</td>
<td>&quot;Trauma Informed Care&quot;&lt;br&gt;Dana Lafayette&lt;br&gt;Location: Wichita I &amp; II</td>
</tr>
<tr>
<td>12:00 Noon - 1:00 P.M.</td>
<td>Lunch On Your Own&lt;br&gt;Luncheon to be held in Comanche I &amp; II</td>
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<tr>
<td>1:00 P.M. - 3:00 P.M. (1.75 hours)</td>
<td>&quot;Real Colors“ (limit 30)&lt;br&gt;Debbie Schroeder&lt;br&gt;Location: Comanche A</td>
</tr>
<tr>
<td>1:00 P.M. - 5:00 P.M. (3.75 hours)</td>
<td>&quot;HIV/AIDS/STDs/Communicable Diseases”&lt;br&gt;Keith Williamson, M.D. and Wichita County Health Department&lt;br&gt;Location: Wichita I</td>
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**THURSDAY, APRIL 9, 2015**

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<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 A.M. - 12:00 Noon (3.75 hours)</td>
<td>&quot;Ethics for Multi-Disciplinary Human Services&quot;&lt;br&gt;Kraig Stockstill&lt;br&gt;Location: Shawnee Theatre</td>
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<td>12:00 Noon - 1:00 P.M.</td>
<td>Lunch On Your Own&lt;br&gt;Luncheon to be held in Comanche I &amp; II</td>
</tr>
<tr>
<td>1:00 P.M. - 3:00 P.M. (1.75 hours)</td>
<td>&quot;So Tell Me Again: Who Am I?”&lt;br&gt;Kraig Stockstill&lt;br&gt;Location: Shawnee Theatre</td>
</tr>
<tr>
<td>3:00 P.M. - 5:00 P.M. (1.75 hours)</td>
<td>&quot;Spiraling Up - Nine Principles of Positive Change”&lt;br&gt;Dr. Don Hebbard&lt;br&gt;Location: Shawnee Theatre</td>
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**REGISTRATION: NORTH TEXAS REGIONAL TRAINING CONFERENCE**

(Enclose separate registration for each participant. Feel free to copy this form.)

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<tr>
<th>Name____________________</th>
<th>Position____________________</th>
<th>Area of Employment ____________________________</th>
<th>Street/P.O.____________________</th>
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**PLEASE CHECK APPROPRIATE BOX BELOW:**

- Registration (Includes Thursday luncheon) **Individual**
  - $165.00
- Registration (Includes Thursday luncheon) **Group of 3 or more**
  - $150.00
- Registration (Includes Thursday luncheon) **MSU undergraduate student rate with current I.D.**
  - $10.00
- 1 day only (Excludes meal) **Individual**
  - $75.00
- 1 day only (Excludes meal) **MSU undergraduate student rate with current I.D.**
  - $60.00
- 1/2 day (Excludes meal) **Individual**
  - $35.00

**EVERYONE, including three day participants, please complete the following:**

1. Please reserve a place for me for the lunch on Thursday. **(PLEASE check box #1 if you intend to eat lunch.)**
2. Check type of credit requested: | CJAD | TJPC | SW | LPC | LMFT | CEU | TCBAP (TAAP/LCDC) |

**CHECKS PAYABLE TO: MSU Continuing Education, 3410 Taft Blvd., Wichita Falls, TX 76308 (940) 397-4307**

(Visa / MasterCard / Discover / PO accepted)
Arrive before 8:00 a.m. for less problems finding parking space.

Clark Student Center located between Council and Tee Pee Drives.

Suggested parking areas.

REFUND POLICY: 70% refund if cancellation is made at least 24 hours prior to day of conference. Refunds will be mailed within 30 days.

SATISFACTORY COMPLETION: Participants must attend the entire session and complete the evaluation form for satisfactory completion of the session.

CANCELLATION: In case of cancellation, every effort will be made to contact registered participants at the number provided on the registration form.

COMPLAINTS: Complaints about provider or workshop content may be directed to Lorraine Parmer, Coordinator for MSU’s Continuing Education or to the TCBAP Standards Committee, 1005 Congress Avenue, Suite 460, Austin, Texas 78701, Fax (512) 476 -7297. Provider approved by the TCBAP Standards Committee, Provider No. 0182-88. Expires April 2014, 20 hours R.

Clark Student Center is handicapped accessible. If you require other disability accommodations, please call us at least a week in advance.

Motel Accommodations (Mention Midwestern State University for special rates.)

<table>
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<tr>
<th>Motel</th>
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<tbody>
<tr>
<td>Baymont Inn - Kell</td>
<td>$72.00</td>
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<tr>
<td>Courtyard by Marriott</td>
<td>$85.00</td>
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<tr>
<td>Days Inn</td>
<td>$68.00</td>
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<tr>
<td>Fairfield Inn, Wichita Falls</td>
<td>$79</td>
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<tr>
<td>Hampton Inn, Wichita Falls</td>
<td>$85</td>
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<tr>
<td>Homewood Suites</td>
<td>$109</td>
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<tr>
<td>Holiday Inn Express, Wichita Falls</td>
<td>$95</td>
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